



TITLE: Maskne in doctors during COVID-19: the use of internet in research.

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ABSTRACT

Maskne is a new type of mechanical acne. It can be present among doctors involved in various clinical settings. We plan an observational, prospective, cross-sectional study conducted from June to September 2020. The objective was to identify the prevalence of acne lesions among doctors who use a mask during their working hours. The main tool of the study was a form designed with the Google forms platform, which has 17 items. The responses of 150 participants from Mexico and Latin America were analyzed. 84% of the participants presented typical acne lesions. The importance of the presence of this dermatosis in doctors who use personal protective equipment is demonstrated. We must issue future recommendations related to skin care during the SARS-CoV-2 pandemic.

BIOGRAPHY

Monserrat Avila is a resident physician in Internal Medicine at the National Autonomous University of Mexico. She is interested in endocrinology and dermatology research. Her first article was recently published. She is a member of the research team in a hospital of Angeles Hospital's Health System in Mexico City. She and her team are developing protocols about maskne among doctors and dermatological lesions in patients with diabetes. She tries to use technology to implement new ways to conduct research, such as digital forms on the internet.

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