



RELATIONSHIP BETWEEN GLYCEMIC CONTROL AND QUALITY OF LIFE IN ELDERLY PATIENTS WITH TYPE 2 DIABETES IN ALEXANDRIA UNIVERSITY HOSPITALS

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ABSTRACT (upto 300 words)

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Diabetes mellitus type 2 (T2D) is a chronic metabolic disease with a great impact on health status and quality of life (QoL) in terms of physical, social, and psychological well-being. The aim of the present study was to measure diabetes-dependent QoL and affecting factors in patients with T2D.

Study patients will be men and women aged 65 years and older affected by type 2 diabetes mellitus be recruited from the Geriatric Medicine Unit ward and from the outpatient Geriatric Medicine Clinic of the Alexandria University Hospital. ADDQoL and SF-12 health survey used to assess QoL.

Diabetes has negative impact on QoL specially as regards the physical health according to ADDQoL and mild physical and moderate mental disability according to SF-12 health survey. Multivariate analysis revealed that glycemic control is not determinant of QoL.

Key words: Elderly, quality of life, type 2 diabetes.

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BIOGRAPHY (upto 200 words)

Reem Said Shaala has completed her PHD at the age of 36 years from Alexandria University, Egypt. She is the a lecturer of Internal Medicine and Geriatric Medicine at Internal Medicine department, of Alexandria University, Egypt.